

**ATHLETIC HEALTH HISTORY**

Complete this form if this is the student's **FIRST TIME** participating in interscholastic sports.

STUDENT: \_\_\_\_\_ DOB: \_\_\_\_\_ GRADE: \_\_\_\_\_

SPORT: \_\_\_\_\_

*Participation in athletics is voluntary and is not a required part of the regular physical education program.*

**SPORTS ACTIVITIES**

Identify any sports in which you do not wish your child to participate:

**THIS FORM MUST BE COMPLETED AND RETURNED WITH COMPREHENSIVE PHYSICAL EXAMINATION PRIOR TO THE START OF TRYOUTS (unless physical exam is already on file.)**

***\*\*Please note: This form cannot be filled out more than 30 days prior to the start of the sport. Do not send into nurse before then. Thank you.***

**HEALTH HISTORY  
TO BE COMPLETED BY PARENT**

**Has your child ever had: (please check)**

	YES	NO		YES	NO
Allergies/Hay Fever	<input type="radio"/>	<input type="radio"/>	Elevated Blood Pressure	<input type="radio"/>	<input type="radio"/>
Bee Sting Allergy	<input type="radio"/>	<input type="radio"/>	Headaches	<input type="radio"/>	<input type="radio"/>
Asthma	<input type="radio"/>	<input type="radio"/>	Head Injury/Concussion	<input type="radio"/>	<input type="radio"/>
Anemia	<input type="radio"/>	<input type="radio"/>	Heart Problem/Murmur-Chest pain	<input type="radio"/>	<input type="radio"/>
Arthritis	<input type="radio"/>	<input type="radio"/>	Nose Bleeds/Frequent or Severe	<input type="radio"/>	<input type="radio"/>
Bladder/Kidney Problem or Injury	<input type="radio"/>	<input type="radio"/>	Ankle Injury	<input type="radio"/>	<input type="radio"/>
Convulsions/Seizures	<input type="radio"/>	<input type="radio"/>	Back Pain/Injury	<input type="radio"/>	<input type="radio"/>
Fainting Spells	<input type="radio"/>	<input type="radio"/>	Fracture-Dislocation Bones/Joints	<input type="radio"/>	<input type="radio"/>
Diabetes	<input type="radio"/>	<input type="radio"/>	Knee Pain/Injury	<input type="radio"/>	<input type="radio"/>
Ear Problems/Hearing Loss	<input type="radio"/>	<input type="radio"/>	Neck Injury	<input type="radio"/>	<input type="radio"/>
Eye Problems/Vision Loss	<input type="radio"/>	<input type="radio"/>	Nose Fracture	<input type="radio"/>	<input type="radio"/>
Injury to the Spleen	<input type="radio"/>	<input type="radio"/>	Rheumatic Fever	<input type="radio"/>	<input type="radio"/>
Joint Sprain/Ligament Tear/Muscle Pull	<input type="radio"/>	<input type="radio"/>	Stomach Ulcer	<input type="radio"/>	<input type="radio"/>

Please explain if you answered yes to any of the above: \_\_\_\_\_

\_\_\_\_\_

	YES	NO
Is there a current medical examination on file in the nurse's office?	<input type="radio"/>	<input type="radio"/>

Date of physical \_\_\_\_\_

Is your child assigned to the Adaptive Physical Education Program or has he/she been in the Adaptive Physical Education?	<input type="radio"/>	<input type="radio"/>
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Has your child been unconscious or lost memory from a blow on the head?	<input type="radio"/>	<input type="radio"/>
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(OVER→)

History Continued

Does your child have any of the following?

	YES	NO
One eye or severe uncorrectable loss of vision in one or both eyes.....	<input type="radio"/>	<input type="radio"/>
Severe hearing loss in both ears.....	<input type="radio"/>	<input type="radio"/>
One kidney.....	<input type="radio"/>	<input type="radio"/>
One testicle.....	<input type="radio"/>	<input type="radio"/>
Has your child been ill for five (5) consecutive days?.....	<input type="radio"/>	<input type="radio"/>

Has your child ever had an illness, condition, or injury that required him/her to go to the hospital either as a patient overnight or in the emergency room or for x-rays; required an operation; caused your child to miss a game or practice?..... ☐ ☐

Is your child under medical care now?..... ☐ ☐  
Has your child taken any medication in the past year?..... ☐ ☐  
If so, why?.....

Is your child taking any medications now?..... ☐ ☐  
If so, why?.....

Has your child ever fainted during exercise?..... ☐ ☐  
If so, explain.....

Has there ever been sudden death in a family member under fifty (50) years of age?..... ☐ ☐

Do you have any worries about your child's health or other questions you would like to discuss with a doctor?..... ☐ ☐

Does your child have: orthodontic appliances?..... ☐ ☐

Capped teeth?..... ☐ ☐

Wear contact lenses for sports?..... ☐ ☐

Wear glasses for sports?..... ☐ ☐

Since your child's last physical examination, has your child had any injury or illnesses?.. ☐ ☐

Has your child tested positive for COVID-19?..... ☐ ☐

**\*\*\*IF YES- YOUR CHILD WILL NEED SEPARATE WRITTEN MEDICAL CLEARANCE (ON OFFICE LETTERHEAD) FROM THEIR PHYSICIAN PRIOR TO PARTICIPATING IN ANY SPORT\*\*\***

*I agree with the above answers and consent to participation of my child in the interscholastic program of his/her school including practice sessions and travel to and from the athletic contests.*

*I also agree to emergency medical treatment as deemed necessary by the physicians designated by school authorities.*

**PARENT SIGNATURE:**..... **Date:**.....

HEALTH OFFICE USE ONLY

**Date reviewed:**..... **Nurse's signature:**.....

☐ **Approved**

☐ **Referred to School Physician**